

**"Mayor Mohamed T. Khairullah, The Board of Health,  
and The Office of Emergency Management."**



# COVID-19



Wash  
YOUR  
HANDS!

¡LÁVATE  
LAS  
MANOS!

আপনার  
হাত ধুয়ে  
নিন!

اغسل  
يديك!

Covid-19 is spread mainly from person to person through people who are in close contact with one another and through respiratory droplets when an infected person coughs or sneezes

## Here are some tips for prevention

1. Avoid contact with anyone that is sick
2. Stay home if you are sick unless you need medical attention
3. Wash your hands often with soap and water for at least 20 seconds (sing happy birthday twice)
4. If water and soap is not available, use alcohol based hand sanitizer
5. Cover your cough and sneeze with a tissue or your sleeve
6. Do not touch your eyes, nose and mouth with unwashed hands